



DR AMBER HART

Bsc, MBBS, DRANZCOG, FRACGP, IBCLC, GP & Lactation Consultant

GP Lactation Consultant & Infant Sleep/Settling Consultant

Amber provides an infant feeding, sleep and settling service with a focus on nurturing each unique mother & baby.

Antenatal Breastfeeding Classes will commence in the OGCG rooms from August 2019.

Please call reception to book your place on 9329 6668

Amber offers a comprehensive antenatal breastfeeding class covering all things lactation. You'll come away from your class feeling empowered to give yourself and your baby the best possible start to feeding.

Private Consultations from October 2019 at OGCG covering the following services;

Antenatal Breastfeeding Preparation

We believe that prevention is better than cure, so come in for an antenatal consultation in early 3rd Trimester to discuss any infant feeding concerns including but not limited to:

- Diabetes, PCOS, breast assessments
- Overcoming previous breastfeeding challenges
- Induced lactation for surrogacy and same sex parents (best done as early as possible in the pregnancy)
- Education regarding common breastfeeding problems and how to avoid or overcome them
- Antenatal expression and storage of colostrum

Infant Feeding Support

- Optimising positioning, milk transfer and infant growth
- Mixed and formula feeding support, including expressing and storing milk
- Tongue tie assessment and management

Maternal Breastfeeding Support

- Pain, engorgement, low supply, over supply
- Mastitis, breast abscesses, blocked ducts, thrush, vasospasm, dermatitis
- Return-to-work planning including expressing and storing milk, introduction of bottles, gentle weaning

Postnatal Contraception

Infant Sleep and Settling Consultations

For more information or to register your interest for Antenatal Classes, head to www.miwm.com.au

Contact Details

Suite 319
55 Flemington Road
North Melbourne, VIC, 3051
T (03) 9329 6668
F (03) 9329 6677
W www.ogcg.com.au