



DR. AMBER HART

Bsc, MBBS, DRANZCOG, FRACGP,
IBCLC, GP & Lactation Consultant

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Amber provides an infant feeding, sleep and settling service with a focus on nurturing each unique mother & baby.

Consulting from 11th October 2019

Services Include:

Antenatal Breastfeeding Preparation

At MIWM we believe that prevention is better than cure, so come in for an antenatal consultation in early 3rd Trimester to discuss any infant feeding concerns including but not limited to:

- Diabetes, PCOS, breast assessments
- Overcoming previous breastfeeding challenges
- Induced lactation for surrogacy and same sex parents (best done as early as possible in the pregnancy)
- Education regarding common breastfeeding problems and how to avoid or overcome them
- Antenatal expression and storage of colostrum

Infant Feeding Support

- Optimising positioning, milk transfer and infant growth
- Mixed and formula feeding support, including expressing and storing milk
- Tongue tie assessment and management

Maternal Breastfeeding Support

- Pain, engorgement, low supply, over supply
- Mastitis, breast abscesses, blocked ducts, thrush, vasospasm, dermatitis
- Return-to-work planning including expressing and storing milk, introduction of bottles, gentle weaning

Postnatal Contraception

Infant Sleep and Settling Consultations

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Antenatal Breastfeeding Classes will commence August 2019.

For more information or to register your interest for Antenatal Classes, head to www.miwm.com.au

