

# O&GCG

With You Throughout  
Your Pregnancy  
*through delivery and beyond.*

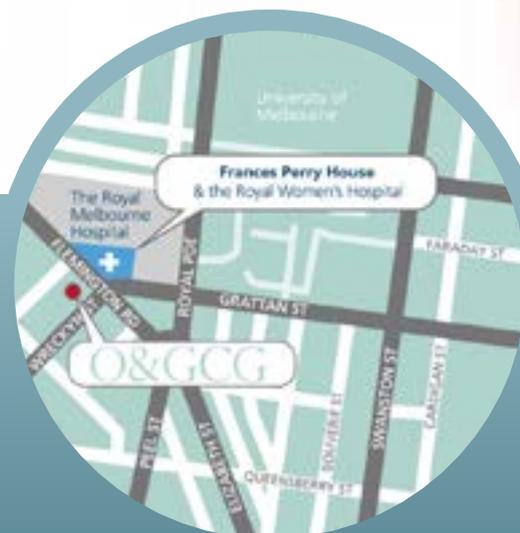
Congratulations and thank you for choosing Obstetrics & Gynaecology Consulting Group for your pregnancy care. Please take time to read through the following information we have put together which you may find useful.

## WHERE ARE WE?

OGCG is located at Suite 319, 55 Flemington Road, North Melbourne, Victoria, Australia 3051.

We are situated on Level 3, in an office building called Chelsea House. It is on the corner of Wreckyn Street and Flemington Road, just opposite the Royal Women's Hospital and Frances Perry House.

[55 Flemington Road, North Melbourne](#)





## FOR YOUR FIRST CONSULTATION

Please either scan and email (reception@ogcg.com.au), fax (9329 6668) or post the following prior to your appointment:

- Referral letter
- Completed patient registration form
- Signed privacy consent
- Signed financial consent form
- Copies of any test results relevant to your pregnancy

## ANTENATAL APPOINTMENT SCHEDULE

This appointment schedule is based on a low risk pregnancy.

It may change depending on individual circumstances.

- 8- 10 weeks
- 13 weeks (Possible Telehealth)
- 17 weeks
- 21 weeks (First Fee Due)
- 24 weeks
- 28 weeks (Second Fee Due)
- 31 weeks
- 34 weeks
- 36 weeks
- 38 weeks
- 39 weeks
- 40 weeks +CTG
- 41 weeks +CTG
- 1 week post hospital discharge - Midwife phone call
- Postnatal appointment six to eight weeks after birth.

Based on a  
low-risk  
pregnancy.

Where possible, your appointment schedule will include visits with the other obstetricians in the practice.

Please make sure you report to reception on arrival and on completion of your appointment. Our secretaries will schedule the appointments for the whole pregnancy at your first visit. We will do our best to fit in with your preferences.

## TESTS AND INVESTIGATIONS DURING PREGNANCY

There is a Dorevitch Pathology Collection Centre in our building.

### First Visit:

- Ultrasound for dating/confirmation of pregnancy
- Cervical Screening Test (CST)

### 10 Weeks:

- Antenatal screening blood tests
- Non-invasive prenatal testing (optional)
- Reproductive genetic carrier screening (optional)

### 12 - 13 weeks:

- Ultrasound for Nuchal Translucency

### 20 - 21 weeks:

- Ultrasound for assessment of fetal anatomy & placental site

### 26-28 weeks:

- Blood test for Gestational Diabetes & Iron

### 32-34 weeks:

- Ultrasound for fetal growth

### 36 weeks:

- Screening for Group B Strep (GBS)



## VACCINATIONS IN PREGNANCY AND AFTER BIRTH

### Influenza (Flu) Vaccine

Pregnant women are at increased risk of severe flu complications. Flu vaccine is recommended to all pregnant women and is safe at all stages of pregnancy. Vaccination in pregnancy also provides protection for baby after birth.

### Whooping Cough Booster (Boostrix)

The optimal time frame for vaccination is between 20-32 weeks of pregnancy. Parents and any other adults who will care for the baby should have a vaccine booster if more than 10 years has elapsed since a previous dose. This should ideally be done at least two weeks prior to beginning contact with the infant.



## VACCINATIONS IN PREGNANCY AND AFTER BIRTH - CONTINUED

### **MMR (Measles, mumps, rubella) Vaccine**

MMR is given after birth if a woman is not immune based on an early pregnancy blood test. MMR must not be given in pregnancy and women must not conceive for one month after immunization. The vaccine is safe during breastfeeding.

### **Varicella (Chicken Pox) Vaccine**

Varicella Vaccine can be given after birth if a woman is not immune based on an early pregnancy blood test. Varicella Vaccine must not be given in pregnancy and women must not conceive for one month after immunization. The vaccine is safe during breastfeeding.

## OGCG CLASSES AND SUPPORT GROUP

As part of your care at OGCG you have access to our in house classes and support group. Most classes run for 1 hour and are usually held in the OGCG consulting suites however all are currently delivered online. Below are links to our website with more information

**A Healthy start to Life/Nutrition in pregnancy** - Ideally in 1st trimester

\*Complimentary to all Patients \*

[Robyn Compton](#)

**Antenatal Breastfeeding Preparation** - Ideally from 28 weeks - currently delivered online

**Postnatal Early Parenting Class** - "At home with a Newborn" - currently delivered online

\*Small fee applies - rebates available\*

[Dr Amber Hart](#)

**My Baby Brain support group** - \*postponed due to COVID\*

\*Small fee applies\*

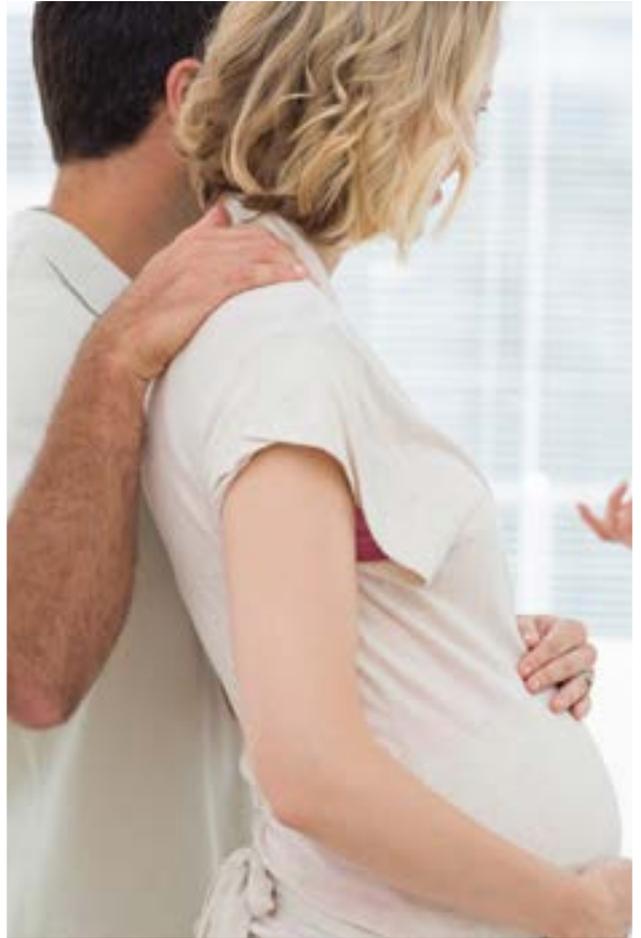
[Aminee Dickenson Counsellor](#)

## FPH HOSPITAL BOOKING

We will organise your hospital booking with Frances Perry House. The hospital will provide your booking pack . Please complete the online registration form in order for the booking to be confirmed. If you do not receive a booking pack within four weeks of your first appointment please contact our office.

Between 20-24 weeks of pregnancy you will be sent information on Childbirth Education Classes from FPH. You will need to create an online account to book these classes. We highly recommend for all of our patients to attend these classes (especially first time parents).

At about 36 weeks of pregnancy FPH will send you information regarding the out of pocket expenses you can expect for your hospital stay.



## Frances Perry House Tours

The hospital runs maternity room tours, Bookings must be made online at [www.francesperryhouse.com.au](http://www.francesperryhouse.com.au)

What to bring to the hospital:

[Virtual Tour](#)

[Maternity pre admission information](#)

## OTHER SPECIALISTS WE REFER TO

### Paediatricians:

We routinely refer all newborns to a Paediatrician for examination following delivery, so you can expect a visit from a Paediatrician whilst in hospital. There will be a charge for this and you will be able to claim a portion of this back from Medicare. Some of the Dr's we refer to are;

- Dr David Carolane
- Dr Noel Manikkam
- Dr Diana Johnston
- Dr Sarah Nguyen

### Ultrasounds:

- WUME
- City Imaging
- Western Imaging for Women
- Monash Ultrasound for women
- Specialist Womens Ultrasound



## ON CALL ARRANGEMENTS/SAFE CARE

Labour and delivery care is shared by the doctors at Obstetrics & Gynaecology Consulting Group. The OGCG doctors share weekends on a one in five basis and each doctor has a night on call during the week.

Our obstetricians work independently but support each other with a shared after-hours, on-call roster. This means personalised 'safe care' for you: no matter what time of day or night, your doctor will be well-rested and alert to your needs.

\* Very occasionally at times of annual or maternity leave, your doctor may be a locum obstetrician who is not a participating member of O&GCG. However, we will inform you of the possibility of this in advance and will endeavour to introduce you to your locum doctor beforehand.

## OUR TEAM

### Midwives

Kaye and Lorraine both have many years of experience dealing with all areas of pregnancy, delivery and postnatal care. Kaye also works at the birth suites in Frances Perry House. Kaye and Lorraine will be able to see you for your antenatal visits if your doctor is running late or called away for a delivery. They will attend to you during your CTG monitoring in our rooms.

They can provide you with results, advice and support during your pregnancy, and are available each weekday from 9am- 5pm (Friday's 8am -4pm). Please feel free to call and talk to them for any concerns in between your appointments.

### Secretaries and Leadership Team

Emma (practice coordinator), Tahnee, Teagan, Eleanor and Bri are our friendly secretaries who are here to help you along the way. They not only make appointments and answer the phone but they go to great lengths to make sure that your care is seamless. They love meeting and cuddling all the new babies at your postnatal appointments.

Carolyn is the Practice Manager of OGCG. She ensures the smooth running of the practice, freeing the medical and support staff to focus on providing exceptional patient care. Carolyn is also a Mum to a toddler and knows first hand the service provided by OGCG and FPH having been provided care by both during her pregnancy.

## CONTACT INFORMATION/AFTER HOURS

During business hours please call the rooms on 03 9329 6668. For emergencies after hours contact the paging service on 9387 1000. The On Call doctor will return your call ASAP.

If you think you may be in labour or have ruptured your membranes please ring the Birth Suites at Frances Perry House on 9344 5100.

You can then speak with a midwife who will advise you if and when to come in to hospital. The hospital will then contact your obstetrician or the obstetrician on call directly.

## HELPFUL WEBSITES

The below link will take you to the OGCG website with a list of very helpful links to use throughout your pregnancy.

[Information and Links](#)

## PARKING & TRANSPORT

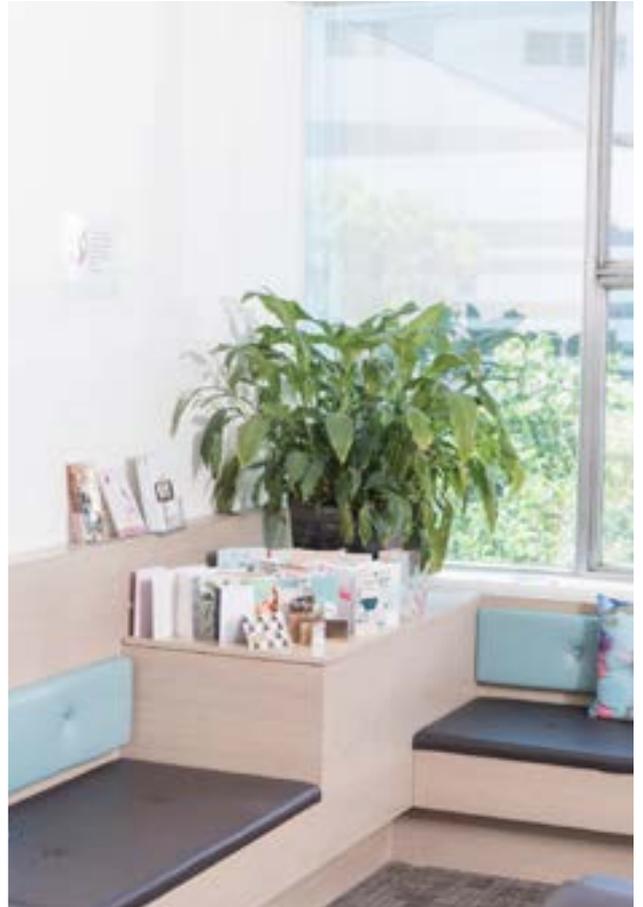
\*Due to COVID19 and Metro tunnel works in the area street parking availability has become reduced. Please allow sufficient time to find a park and arrive on time. See link below for more information or visit:

<http://www.metrotunnel.vic.gov.au>

### Car Parking

Car parking is available in the surrounding streets.

- 2 and 4 hour parking in Courtney Street (between Wreckyn and Peel Streets)
- 2 and 4 hour metered parking in Villiers and Wreckyn Streets
- Wilson car parking is available at the Royal



Women's Hospital and can be accessed from the Flemington Rd.

### Trams

- **Tram 55, Stop 14.** West Coburg to Flagstaff Station, stops at the corner of Grattan Street and Flemington Road.
- **Tram 59, Stop 14.** Airport West to Elizabeth Street, stops at the corner of Grattan Street and Flemington Road.

### Bus

- **Bus 401.** From North Melbourne Station, stops at the Royal Melbourne Hospital.

Welcome, we look forward to seeing you at each visit, please call us on 9329 6668 with any questions.